

Yoga Center of Carmel Discussion Evenings

Facilitated by
Ron Barton MDiv

Join us as we explore Oprah Winfrey's new book:

The Wisdom of Sundays:

Life-Changing Insights from Super Soul Conversations

We will discuss this remarkable anthology of contemporary spiritual wisdom gathered from Oprah Winfrey's Super Soul Sunday interviews with spiritual teachers and writers such as Brene Brown, Pema Chodron, Deepak Chopra, Ram Dass, Elizabeth Gilbert, Anne Lamott, Jack Kornfield, Elizabeth Lesser, Thich Nhat Hanh, Michael Singer, Eckhart Tolle, and Elie Wiesel.

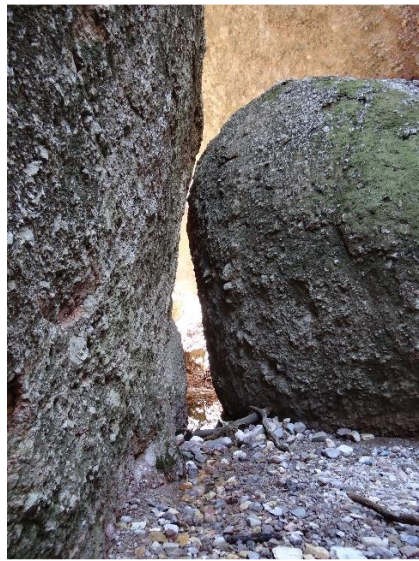


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Wednesday Evenings 7:30-9:00pm

April 4, 11, 18, 25 and May 2, 9, 16, 23, 30

Oprah Winfrey writes, "All of us are seeking the same thing. We share the desire to fulfill the highest, truest expression of ourselves as human beings.

You are welcome to join us for any or all of these Discussion Evenings... Just drop by...
No advance registration necessary. By Donation. \$10 suggested, or whatever works for you.



Ron Barton, MDiv, brings a life-long passion for the Discussion Group as a medium for the transmission of wisdom. He has facilitated Discussion Groups in the fields of Contemporary Spirituality and the Arts. He has witnessed the power and the beauty of people sharing their stories in the context of mutual acceptance and appreciation, and with exposure to the great teachers of many traditions and the art, poetry and music of the ages.

For information contact Ron at ronbartoncarmel@live.com

Yoga Center of Carmel, Sunset Center, Cottage #18, 10th Ave. and San Carlos St, Carmel